

REFRESH

@ KING ' S SCHOOL

Week 1

Monday

Dish of the Day

Macaroni Cheese

Vegetarian Option

Tomato and Lentil
Pasta Bake

Sides

Peas/Sweetcorn

Dessert

Rhubarb Crumble Cake
Fruit/Yoghurt

Tuesday

Dish of the Day

Spanish Chicken and Rice

Vegetarian Option

Spicy Bean Cottage Pie

Sides

Sweetcorn/Green Beans

Dessert

Chocolate Chip Cookies,
Fruit or Yoghurt

Wednesday

Dish of the Day

Roast Turkey

Vegetarian Option

Vegetarian Wellington

Sides

Roast Potato, Broccoli and
Carrots

Dessert

Fresh Fruit Selection or
Yoghurt

Thursday

Dish of the Day

Pork Sausages and Mash

Vegetarian Option

Quorn Paella

Sides

Peas and Sweetcorn

Dessert

Carrot Cake, Fresh
Fruit/Yoghurt

Friday

Dish of the Day

Jumbo Fish Fingers

Vegetarian Option

Cheese and Vegetable
Wraps

Sides

Chips, Beans /Coleslaw

Dessert

Homemade Yoghurt and
Fruit Compote or Fruit

Salad bar is available Monday to Thursday