

# REFRESH

@ KING'S SCHOOL

Week 2

## Monday

*Dish of the Day*

Beef enchiladas

*Vegetarian Option*

Quorn Sweet and Sour

*Sides*

Wholemeal Rice and Peas

*Dessert*

Date Crispy or  
Yoghurt/Fruit

## Tuesday

*Dish of the Day*

Vegetable Pizza

*Vegetarian Option*

Vegan Sausages

*Sides*

New Potatoes  
Sweetcorn/Carrot

*Dessert*

Fresh Fruit Selection or  
Yoghurt

## Wednesday

*Dish of the Day*

Roast Gammon

*Vegetarian Option*

Cauliflower Cheese

*Sides*

Roast Potatoes and  
Cabbage/Green Beans

*Dessert*

Farmhouse Cake, Fruit or  
Yoghurt

## Thursday

*Dish of the Day*

Chicken and Leek Pasta  
Bake

*Vegetarian Option*

Vegan Bolognese

*Sides*

Mixed Vegetables

*Dessert*

Fresh Yoghurt Pots or  
Fruit

## Friday

*Dish of the Day*

Coated Fish

*Vegetarian Option*

Red Pepper Quiche

*Sides*

Baked Beans/Salad and  
Chips

*Dessert*

Chocolate Brownie,  
Yoghurt or Fruit

Salad bar available Monday to Thursday