

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Dish of the Day	Dish of the Day	Dish of the Day	Dish of the Day
Chicken Curry	Pork and Apple Casserole and Mash	Roast Chicken	Beef Lasagna	Pollock Fishfingers
Vegetarian Option	Vegetarian Option	Vegetarian Option	Vegetarian Option	Vegetarian Option
Spinach and Chickpea Curry	Cheese and Potato Pie	Beetroot and Quinoa Bake	Vegan Pastry Pie and Mash	Vegetarian Burgers
Sides	Sides	Sides	Sides	Sides
Wholemeal Rice and Mixed Vegetables	Peas/Sweetcorn	Carrots/Swede/Roast Potatoes	Cabbage and Green Beans	Chips/Baked Beans or Peas
Dessert	Dessert	Dessert	Dessert	Dessert
Chocolate Shortbread, Yoghurt or Fruit	Homemade Yoghurt and Granola or Fruit	Banana Flapjack, Fruit or Yoghurt	Fresh Fruit Selection or Yoghurt	Vanilla Cake and Custard or Fruit/Yoghurt
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Salad bar is available Monday to Thursday