

REFRESH

@ KING ' S S C H O O L

Week 1

Monday

Dish of the Day

Chicken Korma with
Wholemeal Rice

Vegetarian Option

Vegan Biryani

Sides

Peas and Sweetcorn

Dessert

Low Sugar Jam Sponge

Tuesday

Dish of the Day

Turkey Bolognese

Vegetarian Option

Caramelized Onion Pasta

Sides

Courgette and Carrot

Dessert

Fresh Fruit Salad

Wednesday

Dish of the Day

Roast Gammon

Vegetarian Option

Vegetable and Bean Pie

Sides

Roast Potato, Cabbage,
Green Bean

Dessert

Carrot Cake

Thursday

Dish of the Day

Baked Potato and Tuna
Mayo

Vegetarian Option

Baked Potato and Cheese

Sides

Beans/Sweetcorn

Dessert

Custard Cookies

Friday

Dish of the Day

Jumbo Fish Fingers

Vegetarian Option

Vegan Sausages

Sides

Oven Chips, Peas,
Spaghetti

Dessert

Chocolate Brownie

Salad bar is available Monday to Thursday and fresh fruit or
yoghurt daily