

Week:.....2.....

REFRESH

@ KING ' S SCHOOL

Monday

Dish of the Day

Chilli con carne

Vegetarian Option

Cheese & red onion
croissant

Sides

Vegetable pilaff

Broccoli

Dessert

Golden syrup sponge &
vanilla sauce

Tuesday

Dish of the Day

Turkey & bacon puff pie

Vegetarian Option

Mediterranean tart

Sides

Creamed potatoes

Green beans

Dessert

Cheese & crackers

Wednesday

Dish of the Day

Roast beef & gravy

Vegetarian Option

Tomato & basil pasta

Sides

Roast potatoes

Steamed cabbage

Dessert

Apple crumble & custard

Thursday

Dish of the Day

Sausage casserole

Vegetarian Option

Vegetable frittata

Sides

Steamed new potatoes

Peas & carrots

Dessert

Carrot cake

Friday

Dish of the Day

Tomato & parmesan
crusted fish

Vegetarian Option

Macaroni cheese

Sides

Homemade wedges

Sweetcorn

Dessert

Chocolate chip cookie